



PARTNERS:
James A. Cisco, MD
Sarah G. Cueva, MD
Margaret M. Miller, MD MPH

Recommend Reading for Parents

General Parenting

[Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years](#)

[Touchpoints-Birth to Three Revised Edition](#)

[Touchpoints 3 to 6](#)

[The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids](#)

[The Highly Sensitive Child: Helping Our Children Thrive When The World Overwhelms Them](#)

[Positive Discipline: The First Three Years, Revised and Updated Edition: From Infant to Toddler--Laying the Foundation for Raising a Capable, Confident](#)

[Raising Your Spirited Child, Third Edition: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic](#)

ADHD

[ADHD: What Every Parent Needs to Know](#)

[Taking Charge of ADHD: The Complete, Authoritative Guide for Parents \(Revised Edition\)](#)

[Smart but Scattered: The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential](#)



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Adopted Children

[Caring for Your Adopted Child: An Essential Guide for Parents](#)

[The Chosen Baby](#)

[Over the Moon: An Adoption Tale](#)

[My New Family: A First Look at Adoption \(A First Look at...Series\)](#)

[The Day We Met You \(Aladdin Picture Books\)](#)

Autism

[Autism Spectrum Disorders: What Every Parent Needs to Know](#)

[The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping, and Healing](#)

[1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders](#)

Death

[Lifetimes: A beautiful way to explain death to children](#)

[Cat Heaven](#)

[Dog Heaven](#)

[The Mountains of Tibet](#)

[The Tenth Good Thing About Barney](#)

[When Dinosaurs Die: A Guide to Understanding Death \(Dino Life Guides for Families\)](#)



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Depression

[The Anti-Depressant Book: A Practical Guide for Teens and Young Adults to Overcome Depression and Stay Healthy](#)

Divorce

[What About the Kids?: Raising Your Children Before, During, and After Divorce](#)

Eating/Feeding

Child of Mine: Feeding with Love and Good Sense, Revised and Updated Edition

How to Get Your Kid to Eat: But Not Too Much

The Pediatrician's Guide to Feeding Babies and Toddlers: Practical Answers To Your Questions on Nutrition, Starting Solids, Allergies, Picky Eating, and More (For Parents, By Parents)

Food Fights: Winning the Nutritional Challenges of Parenthood Armed with Insight, Humor, and a Bottle of Ketchup

Help Your Teenager Beat an Eating Disorder, Second Edition

[How to Nourish Your Child Through an Eating Disorder: A Simple, Plate-by-Plate Approach to Rebuilding a Healthy Relationship with Food](#)

[No Weigh!: A Teen's Guide to Positive Body Image, Food, and Emotional Wisdom](#)



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New Siblings

[Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too](#)

[The Berenstain Bears' New Baby](#)

[It's Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families and Friends](#)

Sensory Process Disorder

[The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder](#)

[The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder](#)

Sleep

[**Kids, Parents, and Power Struggles: Winning for a Lifetime**](#)

[**Healthy Sleep Habits, Happy Child, 4th Edition: A Step-by-Step Program for a Good Night's Sleep**](#)

[**Solve Your Child's Sleep Problems: New, Revised, and Expanded Edition**](#)

Teenagers

[Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love](#)



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[Uncommon Sense for Parents with Teenagers](#)

[A Tribe Apart: A Journey into the Heart of American Adolescence](#)

[Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood](#)

Puberty

[The Care and Keeping of You: The Body Book for Younger Girls, Revised Edition](#)
[THE CARE AND KEEPING OF YOU: THE BODY BOOK FOR YOUNGER GIRLS, REVISED EDITION](#)

[The Boy's Body Book: Everything You Need to Know for Growing Up YOU](#)

[Growing Up: It's a Girl Thing: Straight Talk about First Bras, First Periods, and Your Changing Body](#)

[The "What's Happening to My Body" Book for Girls, Revised Third Edition](#)

[What's Happening to My Body? Book for Boys: Revised Edition](#)

[It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health](#)

[It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families](#)

[The Period Book: A Girl's Guide to Growing Up](#)

[Guy Stuff: The Body Book for Boys](#)

Vaccines

[Do Vaccines Cause That?! A Guide for Evaluating Vaccine Safety Concerns](#)

[Autism's False Prophets: Bad Science, Risky Medicine, and the Search for a Cure](#)
[Vaccines and Your Child: Separating Fact from Fiction](#)