



PARTNERS:  
James A. Cisco, MD  
Sarah G. Cueva, MD  
Margaret M. Miller, MD MPH

## Recommend Reading for Parents

### General Parenting

[Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years](#)

[Touchpoints-Birth to Three Revised Edition](#)

[Touchpoints 3 to 6](#)

[The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids](#)

[The Highly Sensitive Child: Helping Our Children Thrive When The World Overwhelms Them](#)

[Positive Discipline: The First Three Years, Revised and Updated Edition: From Infant to Toddler--Laying the Foundation for Raising a Capable, Confident](#)

[Raising Your Spirited Child, Third Edition: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic](#)

### ADHD

[ADHD: What Every Parent Needs to Know](#)

[Taking Charge of ADHD: The Complete, Authoritative Guide for Parents \(Revised Edition\)](#)

[Smart but Scattered: The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential](#)



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## Adopted Children

[Caring for Your Adopted Child: An Essential Guide for Parents](#)

[The Chosen Baby](#)

[Over the Moon: An Adoption Tale](#)

[My New Family: A First Look at Adoption \(A First Look at...Series\)](#)

[The Day We Met You \(Aladdin Picture Books\)](#)

## Autism

[Autism Spectrum Disorders: What Every Parent Needs to Know](#)

[The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping, and Healing](#)

[1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders](#)

## Death

[Lifetimes: A beautiful way to explain death to children](#)

[Cat Heaven](#)

[Dog Heaven](#)

[The Mountains of Tibet](#)

[The Tenth Good Thing About Barney](#)

[When Dinosaurs Die: A Guide to Understanding Death \(Dino Life Guides for Families\)](#)



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## Depression

[The Anti-Depressant Book: A Practical Guide for Teens and Young Adults to Overcome Depression and Stay Healthy](#)

## Divorce

[What About the Kids?: Raising Your Children Before, During, and After Divorce](#)

## Eating/Feeding

**Child of Mine: Feeding with Love and Good Sense, Revised and Updated Edition**

**How to Get Your Kid to Eat: But Not Too Much**

**The Pediatrician's Guide to Feeding Babies and Toddlers: Practical Answers To Your Questions on Nutrition, Starting Solids, Allergies, Picky Eating, and More (For Parents, By Parents)**

**Food Fights: Winning the Nutritional Challenges of Parenthood Armed with Insight, Humor, and a Bottle of Ketchup**

**Help Your Teenager Beat an Eating Disorder, Second Edition**

## New Siblings

[Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too](#)



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[The Berenstain Bears' New Baby](#)

[It's Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families and Friends](#)

## Sensory Process Disorder

[The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder](#)

[The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder](#)

## Sleep

**[Kids, Parents, and Power Struggles: Winning for a Lifetime](#)**

**[Healthy Sleep Habits, Happy Child, 4th Edition: A Step-by-Step Program for a Good Night's Sleep](#)**

**[Solve Your Child's Sleep Problems: New, Revised, and Expanded Edition](#)**

## Teenagers

[Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love](#)

[Uncommon Sense for Parents with Teenagers](#)

[A Tribe Apart: A Journey into the Heart of American Adolescence](#)

[Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood](#)



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## Puberty

[The Care and Keeping of You: The Body Book for Younger Girls, Revised Edition](#)  
[THE CARE AND KEEPING OF YOU: THE BODY BOOK FOR YOUNGER GIRLS, REVISED EDITION](#)

[The Boy's Body Book: Everything You Need to Know for Growing Up YOU](#)

[Growing Up: It's a Girl Thing: Straight Talk about First Bras, First Periods, and Your Changing Body](#)

[The "What's Happening to My Body" Book for Girls, Revised Third Edition](#)

[What's Happening to My Body? Book for Boys: Revised Edition](#)

[It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health](#)

[It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families](#)

[The Period Book: A Girl's Guide to Growing Up](#)

[Guy Stuff: The Body Book for Boys](#)

## Vaccines

[Do Vaccines Cause That?! A Guide for Evaluating Vaccine Safety Concerns](#)

[Autism's False Prophets: Bad Science, Risky Medicine, and the Search for a Cure](#)  
[Vaccines and Your Child: Separating Fact from Fiction](#)